

# Washington County School District

Feb 1, 2017 thru Feb 28, 2017

Base Menu Spreadsheet

Pre-School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 02/01/2017																
Pre-School Lunch	Total	1														
FRENCH BREAD CHEESE PIZZA	1 each	1	370	30	530	2.00	0.00	400.1	400	0.0	*N/A*	22.01	29.01	20.01	8.00	0.00
PEAR CUPS-DICED	1 CUP	1	70	0	10	2.00	0.00	0.0	70	60.0	14	0.0	16.0	0.0	0.00	0.00
CHERRY TOMATOES	1/2 CUP	1	13	0	4	0.90	0.18	5.0	625	9.6	2	0.65	10.55	0.15	0.00	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	0.00	0.00	0.0	0	0.0	*N/A*	1.0	2.0	6.0	0.50	0.00
SEC																
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			744	55	944	4.90	0.18	1005.1	2095	73.20	*46	39.65	89.56	28.65	10.00	0.00
% of Calories											*24.7%	21.3%	48.2%	34.7%	12.1%	0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 02/02/2017																
Pre-School Lunch	Total	1														
TURKEY SANDWICH: PRE	SANDWIC	1	287	40	767	2.00	1.56	230.0	310	2.8	*3	16.33	30.33	11.33	5.50	0.00
SHREDDED LETTUCE & TOMATO	1/2 CUP	1	13	0	6	1.04	0.31	9.6	528	6.48	2	0.91	2.67	0.08	0.01	*0.00
CELERY STICKS:ELE	1/2 CUP	1	12	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.13	0.03	*N/A*
MANDARIN ORANGE- CANNE	1/2 CUP	1	77	0	7	1.46	0.45	9.8	1579	23.91	*N/A*	0.66	19.59	0.17	0.01	*N/A*
D:PRE																
LIGHT MAYONNAISE	POUCH	1	40	5	85	0.00	0.00	0.0	0	0.0	0	0.0	0.0	4.0	0.50	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	0.00	0.00	0.0	0	0.0	*N/A*	1.0	2.0	6.0	0.50	0.00
SEC																
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			718	70	1324	5.69	2.47	879.0	3750	39.09	*36	35.41	88.80	24.21	8.05	*0.00
% of Calories											*19.8%	19.7%	49.5%	30.3%	10.1%	*0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 02/06/2017																
Pre-School Lunch	Total	1														
YOGURT: UPSTATE FARMS	SERVING	1	90	0	75	0.00	0.00	300.0	0	0.6	*N/A*	3.0	19.0	0.0	0.00	0.00
BREAD BANANA:slice	1 EACH	1	280	0	220	2.00	1.08	80.0	100	0.0	25	5.0	44.0	10.0	2.00	0.00
CARROT & CELERY STICKS: PRE	1/2 cup	1	91	10	158	1.82	0.46	28.4	6030	2.28	*0	1.52	6.57	6.11	0.52	*0.00
PEAR CUPS-DICED	1 CUP	1	70	0	10	2.00	0.00	0.0	70	60.0	14	0.0	16.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Washington County School District

Feb 1, 2017 thru Feb 28, 2017

Base Menu Spreadsheet

Pre-School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			751	25	768	5.82	1.54	1008.4	7200	66.48	*69 *37.0%	25.52 13.6%	117.57 62.6%	18.61 22.3%	4.02 4.8%	*0.00 *0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Tue - 02/07/2017																
Pre-School Lunch	Total	1														
SCOOPS & BEANS: PRE	1/2 CUP	1	290	0	708	10.99	2.39	46.8	0	28.32	*N/A*	10.99	44.85	7.56	1.69	*0.00
STRING CHEESE: 1oz M	1 EA	1	80	15	200	0.00	0.00	200.0	200	0.0	*N/A*	6.0	0.0	6.0	3.50	0.00
APPLE SLICES	1 BAG	1	30	0	0	1.00	0.00	20.0	30	21.0	6	0.0	7.0	0.0	0.00	0.00
CUCUMBERS: 1/2 CUP	1/2 CUP	1	77	10	96	0.42	0.13	8.3	43	1.9	*1	1.35	3.29	6.1	0.51	*0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			697	40	1310	12.41	2.52	875.1	1273	54.82	*37 *21.1%	34.34 19.7%	87.13 50.0%	22.15 28.6%	7.19 9.3%	*0.00 *0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Wed - 02/08/2017																
Pre-School Lunch	Total	1														
MINI CORN DOG NUGGETS : P RE	4 EACH	1	166	40	279	1.99	1.19	66.3	0	0.8	*N/A*	6.63	19.89	6.63	1.66	0.00
KETCHUP : P/C	PC	1	31	0	396	0.00	0.00	0.0	625	0.0	*N/A*	0.0	8.34	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	5	0	50	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
BROCCOLI & CAULIFLOWER: PRE	1/2 CUP	1	82	10	108	0.96	0.23	13.8	111	27.88	*0	1.98	4.42	6.14	0.54	*0.00
PEACH CUPS -DICED	1 CUP	1	70	0	10	2.00	0.00	0.0	70	60.0	14	0.0	16.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			574	65	1148	4.95	1.43	680.2	1806	92.28	*44 *31.0%	25.61 17.8%	81.65 56.9%	15.27 23.9%	3.70 5.8%	*0.00 *0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

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Base Menu Spreadsheet

Pre-School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 02/09/2017																
Pre-School Lunch	Total	1														
HAMBURGER 100% BEEF :ELE	PATTY	1	257	39	390	2.03	34.38	73.7	10	2.43	2	21.08	21.1	10.15	3.40	0.00
SHREDDED LETTUCE & TOMATO	1/2 CUP	1	13	0	6	1.04	0.31	9.6	528	6.48	2	0.91	2.67	0.08	0.01	*0.00
KETCHUP : P/C	PC	1	31	0	396	0.00	0.00	0.0	625	0.0	*N/A*	0.0	8.34	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	5	0	50	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
FRENCH FRIES: ELE	1/2 CUP	1	110	0	167	1.40	0.18	0.0	0	1.8	0	1.5	16.53	4.21	0.70	0.00
CINNAMON APPLESAUCE CUPS	1 EACH	1	90	0	15	2.00	0.00	0.0	95	60.0	19	0.0	22.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			727	54	1329	6.47	34.87	683.2	2258	74.31	*53	40.49	103.64	16.94	5.61	*0.00
% of Calories											*29.0%	22.3%	57.1%	21.0%	7.0%	*0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Mon - 02/13/2017																
Pre-School Lunch	Total	1														
WG PEPPERONI PIZZA RIPPERS	SERVING	1	300	30	550	2.00	3.60	250.0	300	3.6	2	15.0	30.0	11.0	4.00	0.00
CARROT STICKS: PRE	1/2 CUP	1	36	0	61	2.46	0.26	29.0	14682	5.19	4	0.82	8.42	0.21	0.03	0.00
DICED MIX FRUIT:WO40	1 cup	1	70	0	15	1.00	0.00	0.0	200	60.0	16	0.0	16.0	0.0	0.00	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	7	0.00	0.00	100.0	75	60.0	15	0.0	16.3	0.0	0.00	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	0.00	0.00	0.0	0	0.0	*N/A*	1.0	2.0	6.0	0.50	0.00
SEC																
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			763	55	1032	5.46	3.86	979.0	16257	132.38	*67	32.82	104.72	19.71	6.03	0.00
% of Calories											*35.2%	17.2%	54.9%	23.3%	7.1%	0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Tue - 02/14/2017																
Pre-School Lunch	Total	1														
BEEF TACO STICK	1 EACH	1	345	52	631	3.85	2.77	328.8	252	6.37	*N/A*	20.07	31.87	12.82	8.35	0.00
REFRIED BEANS	1/2 CUP	1	180	0	598	8.99	2.03	46.8	0	28.32	*N/A*	8.99	25.85	5.06	1.69	*0.00
ORANGES	ORANGE	1	93	0	0	4.76	0.20	79.4	407	105.57	*N/A*	1.87	23.32	0.24	0.03	0.00
SALSA PICANTE	1 OZ	1	9	0	133	0.89	0.00	0.0	89	0.0	0	0.89	1.77	0.0	0.00	0.00
KETCHUP : P/C	PC	1	31	0	396	0.00	0.00	0.0	625	0.0	*N/A*	0.0	8.34	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00

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## Base Menu Spreadsheet

Pre-School Lunch

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			878	67	2063	18.49	5.00	1054.9	2373	143.86	*30 *13.7%	47.81 21.8%	123.14 56.1%	20.61 21.1%	11.56 11.9%	*0.00 *0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Wed - 02/15/2017																
Pre-School Lunch	Total	1														
TURKEY CHEESE ROLL	1 EACH	1	147	40	517	0.00	0.12	150.0	300	0.4	*1	10.33	2.33	10.33	5.50	0.00
CORNMEAL SUPER STAR, WG :FR017	1 EA	1	148	11	91	1.50	1.10	15.0	40	0.0	*N/A*	2.8	23.0	5.0	0.90	0.00
CARROT & CELERY STICKS: PRE	1/2 cup	1	91	10	158	1.82	0.46	28.4	6030	2.28	*0	1.52	6.57	6.11	0.52	*0.00
GRAPES, Fresh	1/2 CUP	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	*N/A*
MARSHMALLOW RICE TREAT	1 EACH	1	80	0	30	0.00	0.00	0.0	100	0.0	8	1.0	15.0	2.0	0.84	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			716	76	1101	3.74	1.81	799.8	7516	8.12	*47 *26.2%	31.95 17.8%	86.79 48.5%	26.11 32.8%	9.31 11.7%	*0.00 *0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Thu - 02/16/2017																
Pre-School Lunch	Total	1														
HAM SANDWICH: PRE	SANDWIC	1	278	42	800	2.00	1.75	230.0	310	2.74	*3	15.25	30.28	11.28	5.43	0.00
SHREDDED LETTUCE & TOMATO	1/2 CUP	1	13	0	6	1.04	0.31	9.6	528	6.48	2	0.91	2.67	0.08	0.01	*0.00
CUCUMBERS: 1/2 CUP	1/2 CUP	1	77	10	96	0.42	0.13	8.3	43	1.9	*1	1.35	3.29	6.1	0.51	*0.00
BANANAS	1 EACH	1	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	*N/A*
LIGHT MAYONNAISE	POUCH	1	40	5	85	0.00	0.00	0.0	0	0.0	0	0.0	0.0	4.0	0.50	0.00
MUSTARD:, P/C	1 Each	1	5	0	50	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			738	72	1344	6.52	2.49	853.8	1956	24.99	*50 *27.0%	35.80 19.4%	96.19 52.1%	24.34 29.7%	8.07 9.8%	*0.00 *0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 02/21/2017																
Pre-School Lunch	Total	1														
BURRITO : ELEMENTARY	BURRITO	1	291	15	479	7.96	3.60	150.0	295	1.2	*N/A*	11.84	40.95	8.29	3.62	0.01
REFRIED BEANS	1/2 CUP	1	180	0	598	8.99	2.03	46.8	0	28.32	*N/A*	8.99	25.85	5.06	1.69	*0.00
GRAPES,Fresh	1/2 CUP	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	*N/A*
SALSA PICANTE	1 OZ	1	9	0	133	0.89	0.00	0.0	89	0.0	0	0.89	1.77	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			731	30	1516	18.25	5.76	803.2	1430	34.96	*37	38.01	108.46	16.01	6.86	*0.01
% of Calories											*20.5%	20.8%	59.4%	19.7%	8.4%	*0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Wed - 02/22/2017																
Pre-School Lunch	Total	1														
FRENCH BREAD CHEESE PIZZA	1 each	1	370	30	530	2.00	0.00	400.1	400	0.0	*N/A*	22.01	29.01	20.01	8.00	0.00
PEAR CUPS-DICED	1 CUP	1	70	0	10	2.00	0.00	0.0	70	60.0	14	0.0	16.0	0.0	0.00	0.00
CHERRY TOMATOES	1/2 CUP	1	13	0	4	0.90	0.18	5.0	625	9.6	2	0.65	10.55	0.15	0.00	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	0.00	0.00	0.0	0	0.0	*N/A*	1.0	2.0	6.0	0.50	0.00
SEC																
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			744	55	944	4.90	0.18	1005.1	2095	73.20	*46	39.65	89.56	28.65	10.00	0.00
% of Calories											*24.7%	21.3%	48.2%	34.7%	12.1%	0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Thu - 02/23/2017																
Pre-School Lunch	Total	1														
TURKEY SANDWICH: PRE	SANDWIC	1	287	40	767	2.00	1.56	230.0	310	2.8	*3	16.33	30.33	11.33	5.50	0.00
SHREDDED LETTUCE & TOMATO	1/2 CUP	1	13	0	6	1.04	0.31	9.6	528	6.48	2	0.91	2.67	0.08	0.01	*0.00
CELERY STICKS:ELE	1/2 CUP	1	12	0	59	1.19	0.15	29.7	333	2.3	1	0.51	2.21	0.13	0.03	*N/A*
MANDARIN ORANGE- CANNE	1/2 CUP	1	77	0	7	1.46	0.45	9.8	1579	23.91	*N/A*	0.66	19.59	0.17	0.01	*N/A*
D:PRE																
LIGHT MAYONNAISE	POUCH	1	40	5	85	0.00	0.00	0.0	0	0.0	0	0.0	0.0	4.0	0.50	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	95	0.00	0.00	0.0	0	0.0	*N/A*	1.0	2.0	6.0	0.50	0.00
SEC																
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Washington County School District

Feb 1, 2017 thru Feb 28, 2017

Base Menu Spreadsheet

Pre-School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			718	70	1324	5.69	2.47	879.0	3750	39.09	*36 *19.8%	35.41 19.7%	88.80 49.5%	24.21 30.3%	8.05 10.1%	*0.00 *0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Mon - 02/27/2017																
Pre-School Lunch	Total	1														
YOGURT: UPSTATE FARMS	SERVING	1	90	0	75	0.00	0.00	300.0	0	0.6	*N/A*	3.0	19.0	0.0	0.00	0.00
BREAD BANANA:slice	1 EACH	1	280	0	220	2.00	1.08	80.0	100	0.0	25	5.0	44.0	10.0	2.00	0.00
CARROT & CELERY STICKS: PRE	1/2 cup	1	91	10	158	1.82	0.46	28.4	6030	2.28	*0	1.52	6.57	6.11	0.52	*0.00
PEAR CUPS-DICED	1 CUP	1	70	0	10	2.00	0.00	0.0	70	60.0	14	0.0	16.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			751	25	768	5.82	1.54	1008.4	7200	66.48	*69 *37.0%	25.52 13.6%	117.57 62.6%	18.61 22.3%	4.02 4.8%	*0.00 *0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Tue - 02/28/2017																
Pre-School Lunch	Total	1														
SCOOPS & BEANS: PRE	1/2 CUP	1	290	0	708	10.99	2.39	46.8	0	28.32	*N/A*	10.99	44.85	7.56	1.69	*0.00
STRING CHEESE: 1oz M	1 EA	1	80	15	200	0.00	0.00	200.0	200	0.0	*N/A*	6.0	0.0	6.0	3.50	0.00
APPLE SLICES	1 BAG	1	30	0	0	1.00	0.00	20.0	30	21.0	6	0.0	7.0	0.0	0.00	0.00
CUCUMBERS: 1/2 CUP	1/2 CUP	1	77	10	96	0.42	0.13	8.3	43	1.9	*1	1.35	3.29	6.1	0.51	*0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			697	40	1310	12.41	2.52	875.1	1273	54.82	*37 *21.1%	34.34 19.7%	87.13 50.0%	22.15 28.6%	7.19 9.3%	*0.00 *0.0%
Nutrient Guideline			517				3.30	267.00	750	15.00		6.65		<=30.0	<10.00	

Weighted Average			730	53	1215	8.10	4.58	892.6	4149	65.21	*47 *57.9%	34.82 19.1%	98.05 53.7%	21.75 26.8%	7.31 9.0%	*0.00 *0.0%
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\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
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# Washington County School District

Feb 1, 2017 thru Feb 28, 2017

Base Menu Spreadsheet

Pre-School Lunch

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	730		517	141%													
Cholesterol (mg)	53																
Sodium (mg)	1215								1215								
Fiber (g)	8.10																
Iron (mg)	4.58		3.30	139%													
Calcium (mg)	892.6		267.00	334%													
Vitamin A (IU)	4149		750	553%													
Sugars (g)	47	25.74%				Missing											
Vitamin C (mg)	65.21		15.00	435%													
Protein (g)	34.82	19.09%	6.65	524%													
Carbohydrate (g)	98.05	53.74%															
Total Fat (g)	21.75	26.82%	<=30.00%														
Saturated Fat (g)	7.31	9.02%	<10.00%														
Trans Fat <sup>1</sup> (g)	0.00	0.00%				Missing											

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