

Washington County School District

Jun 4, 2018 thru Jun 29, 2018

Base Menu Spreadsheet

Summer Feeding Program Lunch

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/04/2018										
Summer Feeding Program L	Total	1000								
WG PEPPERONI PIZZA RIPPERS	SERVING	1000	290	25	3	16.0	27.0	17.0	5.00	0.00
MARINARA SAUCE: ELE	1/2 CUP	500	70	298	3	1.99	11.93	1.49	0.00	0.00
APPLES, FRESH	1 EACH	600	95	0	19	0.47	25.13	0.31	0.05	0.00
MIXED FRESH VEGETABLES:ELE	3/4 CUP	400	99	10	*2	2.42	8.31	6.21	0.55	0.00
MILK : CHOCOLATE MILK	CARTON	1000	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			541	183	*35	26.25	71.38	20.42	5.25	0.00
% of Calories					*25.6%	19.4%	52.7%	33.9%	8.7%	0.0%
Nutrient Guideline			600-650						<10.00	

Tue - 06/05/2018										
Summer Feeding Program L	Total	1								
BEEF TACO STICK	1 EACH	1	345	52	1	20.07	31.87	12.82	8.35	0.00
REFRIED BEANS	1/2 CUP	1	164	0	0	8.21	23.6	4.62	1.54	*0.00
CINNAMON APPLESAUCE CUPS	1 EACH	1	90	0	19	0.0	22.0	0.0	0.00	0.00
CARROT STICKS: PRE	1/2 CUP	1	36	0	4	0.82	8.42	0.21	0.03	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	1	1.0	2.0	6.0	0.50	0.00
SALSA PICANTE	1 OZ	1	9	0	0	0.89	1.77	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			934	77	55	46.98	121.66	26.15	11.92	*0.00
% of Calories					23.6%	20.1%	52.1%	25.2%	11.5%	*0.0%
Nutrient Guideline			600-650						<10.00	

Wed - 06/06/2018										
Summer Feeding Program L	Total	1								
CHICKEN BREAST PATTIE SAND: EL	1 each	1	340	30	2	17.0	33.0	16.51	3.00	0.00
LIGHT MAYONNAISE	POUCH	1	40	5	0	0.0	0.0	4.0	0.50	0.00
TOMATOES, CUCUMBER, CARROTS:EL	3/4 CUP	1	95	10	*2	1.77	11.38	6.17	0.51	0.00
CHIPS : VARIETY	BAG	1	133	0	2	2.0	19.67	4.67	0.83	0.00
GRAPES,Fresh	1/2 CUP	1	31	0	7	0.29	7.89	0.16	0.05	0.00
PUDDING,CHOICE	SERVING	1	115	0	15	1.0	20.5	3.0	1.75	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Summer Feeding Program Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			975	60	*59	38.06	124.44	37.01	8.15	0.00
% of Calories					*24.3%	15.6%	51.1%	34.2%	7.5%	0.0%
Nutrient Guideline			600-650						<10.00	

Thu - 06/07/2018										
Summer Feeding Program L	Total	1								
MINI CORN DOG NUGGETS (SEC)	6 EACH	1	250	60	1	10.0	30.0	10.0	2.50	0.00
TATER TOTS-3/4 CUP	12 PIECES	1	210	0	0	3.0	24.0	10.5	2.25	0.00
ORANGES 1/2 CUP SERVING	1/2 cup	1	45	0	9	0.9	11.28	0.12	0.01	0.00
KETCHUP : P/C	PC	1	31	0	8	0.0	8.34	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	0	0.22	0.33	0.0	0.00	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	1	1.0	2.0	6.0	0.50	0.00
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	120	0	*N/A*	2.0	21.0	3.5	1.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			950	85	*49	33.12	128.95	32.61	7.76	0.00
% of Calories					*20.8%	14.0%	54.3%	30.9%	7.4%	0.0%
Nutrient Guideline			600-650						<10.00	

Mon - 06/11/2018										
Summer Feeding Program L	Total	1								
6" WW PEPPERONI PIZZA	SERVING	1	350	40	7	22.0	30.0	16.0	8.00	0.00
DICED MIX FRUIT:WO40	1 cup	1	70	0	16	0.0	16.0	0.0	0.00	0.00
CARROT & CELERY STICKS:ELE	3/4 CUP	1	106	10	*1	1.79	10.03	6.17	0.53	0.00
JELL-O	GEL CUP	1	100	0	22	0.0	25.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			846	65	*76	39.79	113.03	24.66	10.03	0.00
% of Calories					*36.2%	18.8%	53.4%	26.2%	10.7%	0.0%
Nutrient Guideline			600-650						<10.00	

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 06/12/2018										
Summer Feeding Program L	Total	1								
NACHO BITES-ELE	8 BITES	1	270	15	1	11.0	32.0	10.0	4.00	0.00
REFRIED BEANS	1/2 CUP	1	164	0	0	8.21	23.6	4.62	1.54	*0.00
BROCCOLI: FRESH :ELE	3/4 CUP	1	88	10	*1	2.5	5.54	6.2	0.52	0.00
APPLES, FRESH	1 EACH	1	95	0	19	0.47	25.13	0.31	0.05	0.00
MARSHMALLOW RICE TREAT	1 EACH	1	80	0	8	1.0	15.0	2.0	0.84	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			917	40	*59	39.18	133.27	25.62	8.45	*0.00
% of Calories					*25.7%	17.1%	58.1%	25.2%	8.3%	*0.0%
Nutrient Guideline			600-650						<10.00	

Wed - 06/13/2018										
Summer Feeding Program L	Total	1								
POPCORN CHICKEN SMACKERS	4.3 OZ SERVING	1	278	62	0	18.6	20.67	13.44	3.10	0.00
FRENCH FRIES-3/4 CUP	3/4 CUP	1	167	0	0	3.03	25.79	5.31	1.52	0.00
BANANAS	1 EACH	1	105	0	14	1.29	26.95	0.39	0.13	0.00
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	176	20	16	2.1	29.0	5.6	0.75	0.00
KETCHUP : P/C	PC	1	31	0	8	0.0	8.34	0.0	0.00	0.00
BARBAQUE SAUCE: P/C	1 Each	1	50	0	*N/A*	0.0	13.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			1027	97	*69	41.02	155.75	27.23	7.00	0.00
% of Calories					*27.0%	16.0%	60.7%	23.9%	6.1%	0.0%
Nutrient Guideline			600-650						<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/14/2018										
Summer Feeding Program L	Total	1								
TURKEY BREAST STICKS	STICKS	1	40	20	0	8.0	0.0	1.0	0.00	0.00
STRING CHEESE: 1oz M	1 EA	1	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
CORNMEAL SUPER STAR, WG:FR017	1 EA	1	148	11	*N/A*	2.8	23.0	5.0	0.90	0.00
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	99	10	*2	2.42	8.31	6.21	0.55	0.00
CINNAMON APPLESAUCE CUPS	1 EACH	1	90	0	19	0.0	22.0	0.0	0.00	0.00
CHOCOLATE CHUNK COOKIE	COOKIE	1	102	6	9	1.2	15.8	3.9	1.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			859	77	*72	45.42	113.10	24.61	7.45	0.00
% of Calories					*33.5%	21.1%	52.6%	25.8%	7.8%	0.0%
Nutrient Guideline			600-650						<10.00	

Mon - 06/18/2018										
Summer Feeding Program L	Total	1000								
WG PEPPERONI PIZZA RIPPERS	SERVING	1000	290	25	3	16.0	27.0	17.0	5.00	0.00
MARINARA SAUCE: ELE	1/2 CUP	500	70	298	3	1.99	11.93	1.49	0.00	0.00
APPLES, FRESH	1 EACH	600	95	0	19	0.47	25.13	0.31	0.05	0.00
MIXED FRESH VEGETABLES:ELE	3/4 CUP	400	99	10	*2	2.42	8.31	6.21	0.55	0.00
MILK : CHOCOLATE MILK	CARTON	1000	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			541	183	*35	26.25	71.38	20.42	5.25	0.00
% of Calories					*25.6%	19.4%	52.7%	33.9%	8.7%	0.0%
Nutrient Guideline			600-650						<10.00	

Tue - 06/19/2018										
Summer Feeding Program L	Total	1								
BEEF TACO STICK	1 EACH	1	345	52	1	20.07	31.87	12.82	8.35	0.00
REFRIED BEANS	1/2 CUP	1	164	0	0	8.21	23.6	4.62	1.54	*0.00
CINNAMON APPLESAUCE CUPS	1 EACH	1	90	0	19	0.0	22.0	0.0	0.00	0.00
CARROT STICKS: PRE	1/2 CUP	1	36	0	4	0.82	8.42	0.21	0.03	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	1	1.0	2.0	6.0	0.50	0.00
SALSA PICANTE	1 OZ	1	9	0	0	0.89	1.77	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00

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Weighted Daily Average			934	77	55	46.98	121.66	26.15	11.92	*0.00
% of Calories					23.6%	20.1%	52.1%	25.2%	11.5%	*0.0%
Nutrient Guideline			600-650						<10.00	

Wed - 06/20/2018										
Summer Feeding Program L	Total	1								
CHICKEN BREAST PATTIE SAND: EL	1 each	1	340	30	2	17.0	33.0	16.51	3.00	0.00
LIGHT MAYONNAISE	POUCH	1	40	5	0	0.0	0.0	4.0	0.50	0.00
TOMATOES, CUCUMBER, CARROTS:EL	3/4 CUP	1	95	10	*2	1.77	11.38	6.17	0.51	0.00
CHIPS : VARIETY	BAG	1	133	0	2	2.0	19.67	4.67	0.83	0.00
GRAPES,Fresh	1/2 CUP	1	31	0	7	0.29	7.89	0.16	0.05	0.00
PUDDING,CHOICE	SERVING	1	115	0	15	1.0	20.5	3.0	1.75	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			975	60	*59	38.06	124.44	37.01	8.15	0.00
% of Calories					*24.3%	15.6%	51.1%	34.2%	7.5%	0.0%
Nutrient Guideline			600-650						<10.00	

Thu - 06/21/2018										
Summer Feeding Program L	Total	1								
MINI CORN DOG NUGGETS (SEC)	6 EACH	1	250	60	1	10.0	30.0	10.0	2.50	0.00
TATER TOTS-3/4 CUP	12 PIECES	1	210	0	0	3.0	24.0	10.5	2.25	0.00
ORANGES 1/2 CUP SERVING	1/2 cup	1	45	0	9	0.9	11.28	0.12	0.01	0.00
KETCHUP : P/C	PC	1	31	0	8	0.0	8.34	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	0	0.22	0.33	0.0	0.00	0.00
RANCH: (WILD COYOTE LITE)	PC CUP	1	70	10	1	1.0	2.0	6.0	0.50	0.00
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	120	0	*N/A*	2.0	21.0	3.5	1.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			950	85	*49	33.12	128.95	32.61	7.76	0.00
% of Calories					*20.8%	14.0%	54.3%	30.9%	7.4%	0.0%
Nutrient Guideline			600-650						<10.00	

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Mon - 06/25/2018										
Summer Feeding Program L	Total	1								
6" WW PEPPERONI PIZZA	SERVING	1	350	40	7	22.0	30.0	16.0	8.00	0.00
DICED MIX FRUIT:WO40	1 cup	1	70	0	16	0.0	16.0	0.0	0.00	0.00
CARROT & CELERY STICKS:ELE	3/4 CUP	1	106	10	*1	1.79	10.03	6.17	0.53	0.00
JELL-O	GEL CUP	1	100	0	22	0.0	25.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			846	65	*76	39.79	113.03	24.66	10.03	0.00
% of Calories					*36.2%	18.8%	53.4%	26.2%	10.7%	0.0%
Nutrient Guideline			600-650						<10.00	

Tue - 06/26/2018										
Summer Feeding Program L	Total	1								
HAMBURGER 100% BEEF :ELE	PATTY	1	257	39	2	21.08	21.1	10.15	3.40	0.00
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	13	0	2	0.91	2.67	0.08	0.01	0.00
LIGHT MAYONNAISE	POUCH	1	40	5	0	0.0	0.0	4.0	0.50	0.00
KETCHUP : P/C	PC	1	31	0	8	0.0	8.34	0.0	0.00	0.00
BAKED BEANS:ELE	3/4 CUP	1	150	0	*21	4.83	36.04	0.38	0.07	*0.00
APPLES, FRESH	1 EACH	1	95	0	19	0.47	25.13	0.31	0.05	0.00
MARSHMALLOW RICE TREAT	1 EACH	1	80	0	8	1.0	15.0	2.0	0.84	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			886	59	*90	44.29	140.28	19.42	6.37	*0.00
% of Calories					*40.7%	20.0%	63.4%	19.7%	6.5%	*0.0%
Nutrient Guideline			600-650						<10.00	

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Wed - 06/27/2018										
Summer Feeding Program L	Total	1								
POPCORN CHICKEN SMACKERS	4.3 OZ SERVING	1	278	62	0	18.6	20.67	13.44	3.10	0.00
FRENCH FRIES-3/4 CUP	3/4 CUP	1	167	0	0	3.03	25.79	5.31	1.52	0.00
BANANAS	1 EACH	1	105	0	14	1.29	26.95	0.39	0.13	0.00
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	176	20	16	2.1	29.0	5.6	0.75	0.00
RANCH LITE-BASIC-Summer	1 EACH	1	70	14	1	0.0	3.0	6.0	1.00	0.00
BARBAQUE SAUCE: P/C	1 Each	1	50	0	*N/A*	0.0	13.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			1066	111	*62	41.02	150.41	33.23	8.00	0.00
% of Calories					*23.2%	15.4%	56.4%	28.1%	6.8%	0.0%
Nutrient Guideline			600-650						<10.00	

Thu - 06/28/2018										
Summer Feeding Program L	Total	1								
PULLED PORK SANDWICH:SEC	4oz serving	1	309	44	*3	23.0	39.0	7.5	2.10	0.00
BROCCOLI: FRESH :ELE	3/4 CUP	1	88	10	*1	2.5	5.54	6.2	0.52	0.00
CINNAMON APPLESAUCE CUPS	1 EACH	1	90	0	19	0.0	22.0	0.0	0.00	0.00
MARSHMALLOW RICE TREAT	1 EACH	1	80	0	8	1.0	15.0	2.0	0.84	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			787	69	*61	42.50	113.53	18.20	4.96	0.00
% of Calories					*31.0%	21.6%	57.7%	20.8%	5.7%	0.0%
Nutrient Guideline			600-650						<10.00	

Weighted Average			877	87	*60	38.87	120.33	26.88	8.03	*0.00
					*61.7%	17.7%	54.9%	27.6%	8.2%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Washington County School District

Jun 4, 2018 thru Jun 29, 2018

Base Menu Spreadsheet

Summer Feeding Program Lunch

Portion Values - Detailed

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Generated on: 5/17/2018 9:31:33 AM

Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Reimb Qty % of Target	Cals (kcal) Miss Data	Cholst (mg) Shortfall	Sugars (g) Shortfall	Protn (g) Overage	Carb (g) Overage	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	877		600 - 650	135%					227				Correction Required - Calories too High
Cholesterol (mg)	87												
Sugars (g)	60	27.44%			Missing								
Protein (g)	38.87	17.73%											
Carbohydrate (g)	120.33	54.88%											
Total Fat (g)	26.88	27.58%											
Saturated Fat (g)	8.03	8.24%	<10.00%										
Trans Fat ¹ (g)	0.00	0.00%			Missing								

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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