

Washington County School District

Mar 1, 2018 thru Mar 31, 2018

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/01/2018										
SECONDARY BREAKFAST	Total	1								
YOGURT: UPSTATE FARMS	SERVING	1	90	0	*N/A*	3.0	19.0	0.0	0.00	0.00
UBR- CINNAMON	UBR	1	270	0	*N/A*	4.0	44.0	8.0	3.00	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
ALT SEC BREAKFAST ME	Total	157								
MINNI CINNI- PILSBURY	1 EACH	1	240	0	15	5.0	39.0	7.0	1.50	0.00
STRING CHEESE: 1oz M	1 EA	153	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	63	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	138	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	94	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	53	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			331	21	*34 *40.9%	15.04 18.2%	52.31 63.3%	7.01 19.1%	3.99 10.9%	0.00 0.0%
Nutrient Guideline			450-600						<10.00	

Fri - 03/02/2018										
SECONDARY BREAKFAST	Total	1								
DONUT:SPRINKLED	DONUT	1	250	20	25	2.0	38.0	11.0	5.00	0.00
STRING CHEESE: 1oz M	1 EA	1	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
PEAR CUPS-DICED	1 CUP	1	70	0	14	0.0	16.0	0.0	0.00	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Mar 1, 2018 thru Mar 31, 2018

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
ALT SEC BREAKFAST ME	Total	54								
BREAKFAST CEREAL-ALL	BOWL	54	107	0	8	1.29	22.58	1.92	0.21	0.00
STRING CHEESE: 1oz M	1 EA	54	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
TOAST	SLICE	20	103	0	*1	3.0	14.0	4.11	0.66	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	48	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	45	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	8	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
JELLY: VARIETY PACK	PC	1	37	0	*N/A*	0.0	9.4	0.0	0.00	0.00
Weighted Daily Average			468	21	*43	17.47	77.60	10.18	4.32	0.00
% of Calories					*36.8%	14.9%	66.3%	19.6%	8.3%	0.0%
Nutrient Guideline			450-600						<10.00	

Mon - 03/05/2018										
SECONDARY BREAKFAST	Total	1								
PANCAKES	BAG	1	220	0	13	4.0	39.5	6.0	0.50	0.00
SYRUP	1 EA	1	11	0	*N/A*	0.0	4.34	0.0	0.00	0.00
CINNAMON APPLESAUCE CUPS	1 EACH	1	90	0	19	0.0	22.0	0.0	0.00	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
ALT SEC BREAKFAST ME	Total	41								
FRUDEL- APPLE OR CHERRY	1 EACH	1	210	0	11	5.0	36.5	6.0	1.00	0.00
STRING CHEESE: 1oz M	1 EA	41	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	23	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	15	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	16	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			413	21	*35	16.90	72.85	7.72	4.19	0.00
% of Calories					*34.1%	16.4%	70.6%	16.8%	9.1%	0.0%
Nutrient Guideline			450-600						<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 03/06/2018										
SECONDARY BREAKFAST	Total	1								
SCRAMBLED EGGS W/HAM:SEC	3/4 cup	1	191	350	*0	17.97	3.47	11.35	3.78	0.00
HASHBROWN PATTY:1/2 CUP	2 EACH	1	220	0	1	2.0	27.0	11.0	1.50	0.00
PEACH CUPS -DICED	1 CUP	1	70	0	14	0.0	16.0	0.0	0.00	0.00
TOAST	SLICE	1	103	0	*1	3.0	14.0	4.11	0.66	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
KETCHUP : P/C	PC	1	31	0	8	0.0	8.34	0.0	0.00	0.00
ALT SEC BREAKFAST ME	Total	41								
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	176	20	16	2.1	29.0	5.6	0.75	0.00
STRING CHEESE: 1oz M	1 EA	41	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
TOAST	SLICE	20	103	0	*1	3.0	14.0	4.11	0.66	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	41	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	11	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	20	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00
JELLY: VARIETY PACK	PC	1	37	0	*N/A*	0.0	9.4	0.0	0.00	0.00
Weighted Daily Average			370	30	*34	17.16	53.54	9.99	4.68	0.00
% of Calories					*36.6%	18.6%	57.9%	24.3%	11.4%	0.0%
Nutrient Guideline			450-600						<10.00	

Wed - 03/07/2018										
SECONDARY BREAKFAST	Total	1								
BREAKFAST TAC-GO	TACO	1	180	200	1	10.0	14.0	9.0	3.50	0.00
DICED MIX FRUIT:WO40	1 cup	1	70	0	16	0.0	16.0	0.0	0.00	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
SALSA PICANTE	1 OZ	1	9	0	0	0.89	1.77	0.0	0.00	0.00

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Portion Values - Detailed

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ALT SEC BREAKFAST ME	Total	215								
NUTRI GRAIN CEREAL BAR	BAR	1	129	0	*N/A*	1.73	24.09	3.25	0.59	0.04
STRING CHEESE: 1oz M	1 EA	209	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
TOAST	SLICE	100	103	0	*1	3.0	14.0	4.11	0.66	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	171	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	127	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	78	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00
JELLY: VARIETY PACK	PC	1	37	0	*N/A*	0.0	9.4	0.0	0.00	0.00
Weighted Daily Average			369	22	*33	16.33	56.40	8.93	4.31	0.00
% of Calories					*35.6%	17.7%	61.2%	21.8%	10.5%	0.0%
Nutrient Guideline			450-600						<10.00	

Thu - 03/08/2018										
SECONDARY BREAKFAST	Total	1								
YOGURT VAN. PEACH PARFAIT	PARFAIT	1	206	0	*N/A*	4.76	47.7	0.67	0.10	0.00
TOAST	SLICE	1	103	0	*1	3.0	14.0	4.11	0.66	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
JELLY: VARIETY PACK	PC	1	37	0	*N/A*	0.0	9.4	0.0	0.00	0.00
ALT SEC BREAKFAST ME	Total	157								
MINNI CINNI- PILSBURY	1 EACH	1	240	0	15	5.0	39.0	7.0	1.50	0.00
STRING CHEESE: 1oz M	1 EA	153	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	63	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	138	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	94	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	53	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00

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Weighted Daily Average			331	21	*34	15.04	52.36	6.99	3.97	0.00
% of Calories					*40.9%	18.2%	63.3%	19.0%	10.8%	0.0%
Nutrient Guideline			450-600						<10.00	

Fri - 03/09/2018										
SECONDARY BREAKFAST	Total	1								
BREAD BANANA:slice	1 EACH	1	280	0	25	5.0	44.0	10.0	2.00	0.00
BREAD ZUCCHINI: slice	1 EACH	1	270	0	25	5.0	43.0	10.0	2.00	0.00
STRING CHEESE: 1oz M	1 EA	1	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
PEAR CUPS-DICED	1 CUP	1	70	0	14	0.0	16.0	0.0	0.00	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
ALT SEC BREAKFAST ME	Total	54								
BREAKFAST CEREAL-ALL	BOWL	54	107	0	8	1.29	22.58	1.92	0.21	0.00
STRING CHEESE: 1oz M	1 EA	54	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
TOAST	SLICE	20	103	0	*1	3.0	14.0	4.11	0.66	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	48	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	45	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	8	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
JELLY: VARIETY PACK	PC	1	37	0	*N/A*	0.0	9.4	0.0	0.00	0.00
Weighted Daily Average			474	21	*44	17.61	78.49	10.34	4.31	0.00
% of Calories					*36.8%	14.9%	66.3%	19.7%	8.2%	0.0%
Nutrient Guideline			450-600						<10.00	

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Mon - 03/19/2018										
SECONDARY BREAKFAST	Total	1								
WAFFLE WG- KRUSTEAZ-SEC	WAFFLES	1	220	0	7	4.0	35.0	8.0	1.00	0.00
SYRUP	1 EA	1	11	0	*N/A*	0.0	4.34	0.0	0.00	0.00
CINNAMON APPLESAUCE CUPS	1 EACH	1	90	0	19	0.0	22.0	0.0	0.00	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
ALT SEC BREAKFAST ME	Total	41								
FRUDEL- APPLE OR CHERRY	1 EACH	1	210	0	11	5.0	36.5	6.0	1.00	0.00
STRING CHEESE: 1oz M	1 EA	41	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	23	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	15	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	16	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			413	21	*35	16.90	72.74	7.77	4.20	0.00
% of Calories					*34.0%	16.4%	70.5%	16.9%	9.2%	0.0%
Nutrient Guideline			450-600						<10.00	

Tue - 03/20/2018										
SECONDARY BREAKFAST	Total	1								
PANCAKE SAUSAGE SANDWICH:FR082	SANDWICH	1	225	20	3	7.0	14.0	3.5	0.50	0.00
SYRUP	1 EA	1	11	0	*N/A*	0.0	4.34	0.0	0.00	0.00
PEACH CUPS -DICED	1 CUP	1	70	0	14	0.0	16.0	0.0	0.00	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00

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Washington County School District

Mar 1, 2018 thru Mar 31, 2018

Base Menu Spreadsheet

Combined: SECONDARY BREAKFAST 8-12/ALT SEC BREAKFAST MENU

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
ALT SEC BREAKFAST ME	Total	41								
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	176	20	16	2.1	29.0	5.6	0.75	0.00
STRING CHEESE: 1oz M	1 EA	41	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
TOAST	SLICE	20	103	0	*1	3.0	14.0	4.11	0.66	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	41	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	11	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	20	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00
JELLY: VARIETY PACK	PC	1	37	0	*N/A*	0.0	9.4	0.0	0.00	0.00
Weighted Daily Average			362	22	*34	16.78	52.72	9.45	4.55	0.00
% of Calories					*37.1%	18.5%	58.2%	23.5%	11.3%	0.0%
Nutrient Guideline			450-600						<10.00	

Wed - 03/21/2018										
SECONDARY BREAKFAST	Total	1								
PEPPERONI & CHEESE BREADSTICK	BREADSTICK	1	276	29	*N/A*	12.59	32.04	10.59	5.29	0.00
DICED MIX FRUIT:WO40	1 cup	1	70	0	16	0.0	16.0	0.0	0.00	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
ALT SEC BREAKFAST ME	Total	215								
NUTRI GRAIN CEREAL BAR	BAR	1	129	0	*N/A*	1.73	24.09	3.25	0.59	0.04
STRING CHEESE: 1oz M	1 EA	209	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
TOAST	SLICE	100	103	0	*1	3.0	14.0	4.11	0.66	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	171	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	127	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	78	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00
JELLY: VARIETY PACK	PC	1	37	0	*N/A*	0.0	9.4	0.0	0.00	0.00

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Portion Values - Detailed

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Weighted Daily Average			369	21	*33	16.34	56.47	8.93	4.32	0.00
% of Calories					*35.6%	17.7%	61.2%	21.8%	10.5%	0.0%
Nutrient Guideline			450-600						<10.00	

Thu - 03/22/2018										
SECONDARY BREAKFAST	Total	1								
YOGURT STRAW PARFAIT	PARFAIT	1	189	0	*11	4.54	43.1	0.72	0.10	0.00
TOAST	SLICE	1	103	0	*1	3.0	14.0	4.11	0.66	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	195	0	*12	2.42	50.27	0.62	0.14	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
JELLY: VARIETY PACK	PC	1	37	0	*N/A*	0.0	9.4	0.0	0.00	0.00
ALT SEC BREAKFAST ME	Total	157								
MINNI CINNI- PILSBURY	1 EACH	1	240	0	15	5.0	39.0	7.0	1.50	0.00
STRING CHEESE: 1oz M	1 EA	153	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	63	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	138	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	94	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	53	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			331	21	*34	15.04	52.33	6.99	3.97	0.00
% of Calories					*41.0%	18.2%	63.3%	19.0%	10.8%	0.0%
Nutrient Guideline			450-600						<10.00	

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/23/2018										
SECONDARY BREAKFAST	Total	1								
DONUT:SPRINKLED	DONUT	1	250	20	25	2.0	38.0	11.0	5.00	0.00
STRING CHEESE: 1oz M	1 EA	1	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
PEAR CUPS-DICED	1 CUP	1	70	0	14	0.0	16.0	0.0	0.00	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
ALT SEC BREAKFAST ME	Total	54								
BREAKFAST CEREAL-ALL	BOWL	54	107	0	8	1.29	22.58	1.92	0.21	0.00
STRING CHEESE: 1oz M	1 EA	54	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
TOAST	SLICE	20	103	0	*1	3.0	14.0	4.11	0.66	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	17	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	48	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	45	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	8	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
JELLY: VARIETY PACK	PC	1	37	0	*N/A*	0.0	9.4	0.0	0.00	0.00
Weighted Daily Average			468	21	*43	17.47	77.60	10.18	4.32	0.00
% of Calories					*36.8%	14.9%	66.3%	19.6%	8.3%	0.0%
Nutrient Guideline			450-600						<10.00	

Mon - 03/26/2018										
SECONDARY BREAKFAST	Total	1								
PANCAKES	BAG	1	220	0	13	4.0	39.5	6.0	0.50	0.00
SYRUP	1 EA	1	11	0	*N/A*	0.0	4.34	0.0	0.00	0.00
CINNAMON APPLESAUCE CUPS	1 EACH	1	90	0	19	0.0	22.0	0.0	0.00	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00

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Portion Values - Detailed

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ALT SEC BREAKFAST ME	Total	41								
FRUDEL- APPLE OR CHERRY	1 EACH	1	210	0	11	5.0	36.5	6.0	1.00	0.00
STRING CHEESE: 1oz M	1 EA	41	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	38	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	23	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	15	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	16	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			413	21	*35	16.90	72.85	7.72	4.19	0.00
% of Calories					*34.1%	16.4%	70.6%	16.8%	9.1%	0.0%
Nutrient Guideline			450-600						<10.00	

Tue - 03/27/2018										
SECONDARY BREAKFAST	Total	1								
CANADIAN BACON & EGG MUFFIN	1 Each	1	334	233	*4	21.14	28.36	15.21	7.62	0.32
PEACH CUPS -DICED	1 CUP	1	70	0	14	0.0	16.0	0.0	0.00	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
ALT SEC BREAKFAST ME	Total	41								
CRUMB SQUARE-DAVE'S BAKERY	1 EACH	1	176	20	16	2.1	29.0	5.6	0.75	0.00
STRING CHEESE: 1oz M	1 EA	41	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
TOAST	SLICE	20	103	0	*1	3.0	14.0	4.11	0.66	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	11	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	41	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	11	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	20	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00
JELLY: VARIETY PACK	PC	1	37	0	*N/A*	0.0	9.4	0.0	0.00	0.00
Weighted Daily Average			365	27	*34	17.11	52.96	9.73	4.72	0.01
% of Calories					*36.9%	18.8%	58.1%	24.0%	11.6%	0.0%
Nutrient Guideline			450-600						<10.00	

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Washington County School District

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Portion Values - Detailed

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Wed - 03/28/2018										
SECONDARY BREAKFAST	Total	1								
W.W. BACON & EGG SCRAMBLE	SLICE	1	190	45	4	10.0	20.0	8.0	2.00	0.00
DICED MIX FRUIT:WO40	1 cup	1	70	0	16	0.0	16.0	0.0	0.00	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
ALT SEC BREAKFAST ME										
NUTRI GRAIN CEREAL BAR	BAR	1	129	0	*N/A*	1.73	24.09	3.25	0.59	0.04
STRING CHEESE: 1oz M	1 EA	209	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
TOAST	SLICE	100	103	0	*1	3.0	14.0	4.11	0.66	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	85	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	171	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	127	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	78	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00
JELLY: VARIETY PACK	PC	1	37	0	*N/A*	0.0	9.4	0.0	0.00	0.00
Weighted Daily Average			369	21	*33	16.32	56.42	8.92	4.31	0.00
% of Calories					*35.6%	17.7%	61.2%	21.8%	10.5%	0.0%
Nutrient Guideline			450-600						<10.00	

Thu - 03/29/2018										
SECONDARY BREAKFAST	Total	1								
YOGURT: UPSTATE FARMS	SERVING	1	90	0	*N/A*	3.0	19.0	0.0	0.00	0.00
POP TART: CHOICE OF	1 EA	1	180	0	*N/A*	2.0	37.54	2.5	1.00	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	1	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	1	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00

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Portion Values - Detailed

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ALT SEC BREAKFAST ME	Total	157								
MINNI CINNI- PILSBURY	1 EACH	1	240	0	15	5.0	39.0	7.0	1.50	0.00
STRING CHEESE: 1oz M	1 EA	153	80	15	*N/A*	6.0	0.0	6.0	3.50	0.00
BREAKFAST FRUIT BASKET: SEC	1 CUP	63	195	0	*12	2.42	50.27	0.62	0.14	0.00
JUICE : VARIETY SUNCUP	BOX	138	66	0	15	0.0	16.3	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	94	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	53	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	10	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			330	21	*34	15.02	52.27	6.98	3.98	0.00
% of Calories					*41.0%	18.2%	63.3%	19.0%	10.8%	0.0%
Nutrient Guideline			450-600						<10.00	

Weighted Average			386	22	*36	16.46	61.87	8.61	4.27	0.00
					*83.1%	17.1%	64.1%	20.1%	10.0%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	386		450 - 600	86%		64		Correction Required - Calories are Low
Cholesterol (mg)	22							
Sugars (g)	36	36.95%			Missing			
Protein (g)	16.46	17.07%						
Carbohydrate (g)	61.87	64.15%						
Total Fat (g)	8.61	20.10%						
Saturated Fat (g)	4.27	9.96%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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