

Washington County School District

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 1

Generated on: 4/12/2018 2:25:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/01/2018										
ELEMENTARY LUNCH	Total	1								
CHILI / SCOOPS: ELE	3/4 CUP	1	370	47	*0	19.85	39.02	14.0	6.77	0.00
CARROT & CELERY STICKS:ELE	3/4 CUP	1	106	10	*1	1.79	10.03	6.17	0.53	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
SALAD BAR: 2 TUESDAY (ELE)	1/2 CUP	1	163	10	*1	3.37	9.22	11.91	1.61	*0.00
SWEET POTATO CAKE: NEUFCHATEL	SERVING	1	217	11	*26	1.56	35.9	7.97	1.94	*0.03
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			1228	*93	*81	52.43	156.46	42.85	12.41	*0.03
% of Calories					*26.2%	17.1%	51.0%	31.4%	9.1%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/02/2018										
ELEMENTARY LUNCH	Total	1								
ROASTED TURKEY: VIP	2.9 OZ	1	107	47	*N/A*	24.04	1.34	1.34	0.00	0.00
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	80	0	1	2.0	17.03	1.0	0.00	*0.00
GRAVY, TURKEY: (Custom)	1/4 Cup	1	25	0	*N/A*	1.0	4.0	1.0	0.00	0.00
CORN :ELE	3/4 CUP	1	79	0	9	2.65	11.91	1.98	0.00	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
WG DINNER ROLL	ROLL	1	90	0	2	4.0	17.0	1.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
CHICKEN SANDWICH: SUNSET ONLY	1 each	1	340	30	2	17.0	33.0	16.51	3.00	0.00
MARGARINE REDDIES: (1)	1 Patty	1	35	0	*N/A*	0.0	0.0	4.0	1.00	0.00
Weighted Daily Average			1129	*92	*66	76.56	146.56	29.62	5.56	*0.00
% of Calories					*23.4%	27.1%	51.9%	23.6%	4.4%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

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Portion Values - Detailed

Page 2

Generated on: 4/12/2018 2:25:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/03/2018										
ELEMENTARY LUNCH	Total	1								
POPCORN CHICKEN SMACKERS	4.3 OZ SERVING	1	278	62	0	18.6	20.67	13.44	3.10	0.00
FRENCH FRIES-1/2 CUP	1/2 CUP	1	111	0	0	2.02	17.19	3.54	1.01	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	39	0	*0	2.26	7.21	0.2	0.03	0.00
BROWNIE CUP , WG:FR016	BROWNIE	1	146	1	14	1.5	26.0	4.0	0.70	0.00
BARBAQUE SAUCE: P/C	1 Each	1	50	0	*N/A*	0.0	13.0	0.0	0.00	0.00
KETCHUP : P/C	PC	1	31	0	8	0.0	8.34	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			1028	*79	*74	50.25	154.70	23.97	6.40	*0.00
% of Calories					*28.9%	19.6%	60.2%	21.0%	5.6%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/04/2018										
ELEMENTARY LUNCH	Total	1								
WG PEPPERONI PIZZA RIPPERS	SERVING	1	290	25	3	16.0	27.0	17.0	5.00	0.00
MARINARA SAUCE: ELE	1/2 CUP	1	70	298	3	1.99	11.93	1.49	0.00	0.00
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	99	10	*2	2.42	8.31	6.21	0.55	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
FROZEN JUICE CUPS	1 EACH	1	70	0	16	0.0	19.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			901	*348	*76	46.28	128.52	27.50	7.11	*0.00
% of Calories					*33.5%	20.5%	57.0%	27.5%	7.1%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

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Base Menu Spreadsheet

ELEMENTARY LUNCH

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Page 3

Generated on: 4/12/2018 2:25:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/07/2018										
ELEMENTARY LUNCH	Total	1								
ORANGE CHICKEN :ELE	2.94 OZ	1	120	34	*N/A*	9.0	15.75	2.25	0.38	0.00
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	80	0	*0	2.0	16.48	0.75	0.00	*0.00
KEY WEST BLEND VEGETABLE: ELE	3/4 CUP	1	34	0	3	0.0	6.75	0.0	0.00	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	115	10	*2	3.4	10.51	6.06	0.51	0.00
COOKIE: FORTUNE COOKIE	COOKIE	1	32	0	*N/A*	0.0	6.97	0.2	0.03	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
SMACKERS: SUNSET ONLY	4.3 OZ SERVI NG	1	278	62	0	18.6	20.67	13.44	3.10	0.00
Weighted Daily Average			1031	*121	*57	58.87	139.43	25.49	5.58	*0.00
% of Calories					*22.0%	22.8%	54.1%	22.3%	4.9%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/08/2018										
ELEMENTARY LUNCH	Total	1								
SOFT FLOUR TACO: ELE	servings	1	225	49	0	17.01	19.0	9.5	2.70	0.00
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	14	0	2	0.95	2.86	0.09	0.01	0.00
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	28	6	0	1.52	0.25	2.28	1.52	0.00
REFRIED BEANS	1/2 CUP	1	164	0	0	8.21	23.6	4.62	1.54	*0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
SALAD BAR: 2 TUESDAY (ELE)	1/2 CUP	1	163	10	*1	3.37	9.22	11.91	1.61	*0.00
CINNAMON ROLL:, (Riches)	1 EA	1	147	3	*0	2.74	29.75	1.87	0.52	*0.00
SALSA PICANTE	1 OZ	1	9	0	0	0.89	1.77	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			1123	*83	*55	60.55	148.75	33.07	9.46	*0.00
% of Calories					*19.4%	21.6%	53.0%	26.5%	7.6%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

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Page 4

Generated on: 4/12/2018 2:25:21 PM

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Wed - 05/09/2018										
ELEMENTARY LUNCH	Total	1								
HAM : ELEM	2OZ.	1	71	25	*N/A*	9.14	0.0	3.56	1.52	0.00
SCALLOPED POTATOES:ELE	1/2 CUP	1	160	0	*3	3.0	23.99	3.56	1.69	*0.00
SUNSHINE CARROTS;ELE	3/4 CUP	1	30	0	*N/A*	0.0	5.75	0.14	0.03	0.00
WG DINNER ROLL	ROLL	1	90	0	2	4.0	17.0	1.0	0.00	0.00
MARGARINE REDDIES: (1)	1 Patty	1	35	0	*N/A*	0.0	0.0	4.0	1.00	0.00
PEACH CUP, FROZEN	SERVING	1	118	0	*N/A*	0.79	29.98	0.16	0.01	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
CHICKEN SANDWICH: SUNSET ONLY	1 each	1	340	30	2	17.0	33.0	16.51	3.00	0.00
Weighted Daily Average			1144	70	*49	58.94	153.72	31.42	8.75	*0.00
% of Calories					*17.1%	20.6%	53.8%	24.7%	6.9%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/10/2018										
ELEMENTARY LUNCH	Total	1								
CHICKEN NOODLE SOUP:ELE	3/4 CUP	1	135	38	*1	7.96	19.94	2.79	0.51	*0.00
GARLIC TWIST	2 OZ	1	141	11	*1	4.18	27.29	2.59	0.61	*0.00
TOMATOES, CUCUMBER, CARROTS:EL	3/4 CUP	1	95	10	*2	1.77	11.38	6.17	0.51	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	39	0	*0	2.26	7.21	0.2	0.03	0.00
PUDDING,CHOICE	SERVING	1	115	0	15	1.0	20.5	3.0	1.75	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			897	*74	*72	43.03	148.61	17.55	4.97	*0.00
% of Calories					*31.9%	19.2%	66.3%	17.6%	5.0%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

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Page 5

Generated on: 4/12/2018 2:25:21 PM

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Fri - 05/11/2018										
ELEMENTARY LUNCH	Total	1								
5" ROUND PEPPERONI PIZZA	PIZZA	1	339	40	4	18.97	30.94	15.97	7.99	0.00
5" ROUND CHEESE PIZZA	PIZZA	1	330	35	4	18.99	30.98	13.99	7.99	0.00
DINNER SALAD	1 CUP	1	132	10	*1	4.55	13.53	6.02	0.50	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
FROZEN JUICE CUPS	1 EACH	1	70	0	16	0.0	19.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			1243	*100	*77	68.36	156.74	38.78	18.04	*0.00
% of Calories					*24.7%	22.0%	50.4%	28.1%	13.1%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

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Mon - 05/14/2018										
ELEMENTARY LUNCH	Total	1								
LEMON CHICKEN: ELE	2.70 OZ	1	113	30	7	8.25	14.25	2.25	0.38	0.00
VEGETABLE HARVEST RICE PILAF:E	3/4 CUP	1	130	0	*0	3.0	24.01	2.5	0.00	0.00
MALIBU BLEND VEGETABLES:ELE	3/4 CUP	1	26	0	2	0.75	4.5	0.0	0.00	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
SALAD BAR: MONDAYS:ELE	1/2 CUP	1	115	10	*2	3.4	10.51	6.06	0.51	0.00
COOKIE: FORTUNE COOKIE	COOKIE	1	32	0	*N/A*	0.0	6.97	0.2	0.03	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
SMACKERS: SUNSET ONLY	4.3 OZ SERVING	1	278	62	0	18.6	20.67	13.44	3.10	0.00
Weighted Daily Average			1066	*117	*63	59.87	143.21	27.25	5.58	*0.00
% of Calories					*23.6%	22.5%	53.8%	23.0%	4.7%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

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Page 6

Generated on: 4/12/2018 2:25:21 PM

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Tue - 05/15/2018										
ELEMENTARY LUNCH	Total	1								
TACO SOUP	1 CUP	1	291	50	*5	19.79	25.68	11.61	3.43	*0.00
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	28	6	0	1.52	0.25	2.28	1.52	0.00
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	99	10	*2	2.42	8.31	6.21	0.55	0.00
CORNMEAL SUPER STAR, WG:FR017	1 EA	1	148	11	*N/A*	2.8	23.0	5.0	0.90	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
SALAD BAR: 2 TUESDAY (ELE)	1/2 CUP	1	163	10	*1	3.37	9.22	11.91	1.61	*0.00
JELL-O	GEL CUP	1	100	0	22	0.0	25.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
MINI CORN DOGS : SUNSET ONLY	4 EACH	1	166	40	1	6.63	19.89	6.63	1.66	0.00
Weighted Daily Average			1367	*142	*83	62.39	173.63	46.43	11.23	*0.00
% of Calories					*24.2%	18.3%	50.8%	30.6%	7.4%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/16/2018										
ELEMENTARY LUNCH	Total	1								
WG BREADED 8 PIECE CHICKEN	PIECE	1	215	41	0	12.0	11.0	13.0	3.00	0.00
MASHED POTATOES,from Dry mix,P	1/2 CUP	1	80	0	1	2.0	17.03	1.0	0.00	*0.00
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	24	0	*N/A*	0.95	4.76	0.48	0.00	0.00
BROCCOLI ; FROZEN (ELE)	3/4 CUP	1	26	0	0	1.73	3.45	2.36	0.37	0.00
WG DINNER ROLL	ROLL	1	90	0	2	4.0	17.0	1.0	0.00	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
MARGARINE REDDIES: (1)	1 Patty	1	35	0	*N/A*	0.0	0.0	4.0	1.00	0.00
Weighted Daily Average			842	*56	*55	46.55	115.53	24.64	5.93	*0.00
% of Calories					*26.0%	22.1%	54.9%	26.3%	6.3%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

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Washington County School District

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 7

Generated on: 4/12/2018 2:25:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/17/2018										
ELEMENTARY LUNCH	Total	1								
HOT DOG W/ BUN	1 EACH	1	220	55	2	13.0	22.0	10.5	2.50	0.00
TATER TOTS: 1/2 CUP	8 PIECES	1	140	0	0	2.0	16.0	7.0	1.50	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
SALAD BAR: 3 THURSDAY'S:ELE	1/2 CUP	1	39	0	*0	2.26	7.21	0.2	0.03	0.00
KETCHUP : P/C	PC	1	31	0	8	0.0	8.34	0.0	0.00	0.00
MUSTARD:, P/C	1 Each	1	3	0	0	0.22	0.33	0.0	0.00	0.00
CHOCOLATE CHIP COOKIES	1 EACH	1	136	14	*8	2.19	18.48	6.34	1.52	*0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			941	*84	*70	45.53	134.64	26.83	7.11	*0.00
% of Calories					*29.9%	19.3%	57.2%	25.7%	6.8%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

Fri - 05/18/2018										
ELEMENTARY LUNCH	Total	1								
MAX STUFFED CRUST PEPPERONI PI	SLICE	1	330	20	*N/A*	17.0	35.01	14.0	4.50	0.00
MIXED FRESH VEGETABLES:ELE	3/4 CUP	1	99	10	*2	2.42	8.31	6.21	0.55	0.00
FRUIT BAR :SPRING (ELE)	1/2 CUP	1	72	*0	*10	0.87	18.29	0.3	0.06	*0.00
FROZEN JUICE CUPS	1 EACH	1	70	0	16	0.0	19.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			872	*45	*70	45.29	124.60	23.01	6.61	*0.00
% of Calories					*31.9%	20.8%	57.2%	23.8%	6.8%	*0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

Mon - 05/21/2018										
ELEMENTARY LUNCH	Total	1								
MANAGERS CHOICE	SERVING	1	0	0	0	0.0	0.0	0.0	0.00	0.00
MANAGERS CHOICE-vegetable	SERVING	1	0	0	0	0.0	0.0	0.0	0.00	0.00
MANAGERS CHOICE-Fruit	SERVING	1	0	0	0	0.0	0.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00

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Washington County School District

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 8

Generated on: 4/12/2018 2:25:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			300	15	42	25.00	44.00	2.50	1.50	0.00
% of Calories					56.0%	33.3%	58.7%	7.5%	4.5%	0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

Tue - 05/22/2018										
ELEMENTARY LUNCH	Total	1								
MANAGERS CHOICE	SERVING	1	0	0	0	0.0	0.0	0.0	0.00	0.00
MANAGERS CHOICE-Fruit	SERVING	1	0	0	0	0.0	0.0	0.0	0.00	0.00
MANAGERS CHOICE-vegetable	SERVING	1	0	0	0	0.0	0.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			180	10	24	17.00	24.00	2.50	1.50	0.00
% of Calories					53.3%	37.8%	53.3%	12.5%	7.5%	0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

Wed - 05/23/2018										
ELEMENTARY LUNCH	Total	1								
MANAGERS CHOICE	SERVING	1	0	0	0	0.0	0.0	0.0	0.00	0.00
MANAGERS CHOICE-vegetable	SERVING	1	0	0	0	0.0	0.0	0.0	0.00	0.00
MANAGERS CHOICE-Fruit	SERVING	1	0	0	0	0.0	0.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			300	15	42	25.00	44.00	2.50	1.50	0.00
% of Calories					56.0%	33.3%	58.7%	7.5%	4.5%	0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

Thu - 05/24/2018										
ELEMENTARY LUNCH	Total	1								
MANAGERS CHOICE	SERVING	1	0	0	0	0.0	0.0	0.0	0.00	0.00
MANAGERS CHOICE-vegetable	SERVING	1	0	0	0	0.0	0.0	0.0	0.00	0.00
MANAGERS CHOICE-Fruit	SERVING	1	0	0	0	0.0	0.0	0.0	0.00	0.00
MILK : CHOCOLATE MILK	CARTON	1	120	5	18	8.0	20.0	0.0	0.00	0.00
MILK FAT FREE WHITE	CARTON	1	80	0	12	9.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	CARTON	1	100	10	12	8.0	12.0	2.5	1.50	0.00

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Washington County School District

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

Page 9

Generated on: 4/12/2018 2:25:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			300	15	42	25.00	44.00	2.50	1.50	0.00
% of Calories					56.0%	33.3%	58.7%	7.5%	4.5%	0.0%
Nutrient Guideline			645			8.87		<=30.0	<10.00	

Weighted Average			883	*87	*61	48.16	121.17	23.80	6.71	*0.00
					*62.0%	21.8%	54.9%	24.3%	6.8%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	883		645	137%				
Cholesterol (mg)	87				Missing			
Sugars (g)	61	27.56%			Missing			
Protein (g)	48.16	21.82%	8.87	543%				
Carbohydrate (g)	121.17	54.90%						
Total Fat (g)	23.80	24.26%	<=30.00%					
Saturated Fat (g)	6.71	6.84%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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